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## Initial Visit – Medical History

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: **M** **F**

Primary Care Physician: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Drug Allergies: \_\_\_\_\_ Metal allergy: **Yes** **No** Shoe Size: \_\_\_\_\_

List your current medications: \_\_\_\_\_

List any surgeries or hospitalizations within the past 5 years: \_\_\_\_\_

Chief complaint (Nature of problem and location): \_\_\_\_\_

Onset: **gradual** **fast** Progression: **stable** **improving** **worsening** Duration (days, wks, mths): \_\_\_\_\_

Past treatment for this complaint: \_\_\_\_\_

Was there any trauma or prior injury (please circle)? Yes or No **Is this a work-related injury (please circle)?** Yes or No

Pain level for this complaint: (No pain) **0 1 2 3 4 5 6 7 8 9 10** (Most pain) Overall Health: **Good** **Fair** **Poor**

Do you have Diabetes? **Yes** **No** When were you diagnosed?: \_\_\_\_\_ Most recent HgbA1C: \_\_\_\_\_

Most recent fasting blood glucose level: \_\_\_\_\_ Most recent appt with Doctor managing diabetes: \_\_\_\_\_

### Review of Systems - Please circle all that apply at the current time

- Constitutional:** Fever Headache Nausea Dizziness Chills Vomiting
- Cardiovascular:** Muscle Cramping Swelling Cold Feet COPD Pacemaker Tightness in Chest Varicosities
- Endocrine:** Very Dry Skin Cuts Take Longer to Heal Unusual Fatigue
- Eyes, Nose, Mouth & Throat:** Ringing in Ears Decreased Hearing Difficulty Swallowing
- Gastrointestinal:** Upset Stomach Constipation
- Genitourinary:** Painful Urination Blood in Urine Sexually Transmitted Disease (STD)
- Musculoskeletal:** Back Pain Joint Pain Muscle Pain Bone Pain Joint Implants \_\_\_\_\_
- Integumentary:** Dermatitis Eczema Athlete's Foot Psoriasis Rash Other Skin Condition
- Neurological:** Numbness Tingling Seizures Tremors Other Neurological Problems
- Hematologic/Lymphatic:** Bloating Swelling Pitting Edema Inability to Stop Bleeding Bruise Easily Poor Circulation

**Continued on Back**

**Family Health History:** Have you or a family member ever had the following?

| CONDITION                   | PATIENT | FAMILY | EXPLAIN and LIST WHO (EX: Mother, Father, sister, etc) |
|-----------------------------|---------|--------|--|
| Arthritis                   | Yes No  | Yes No |  |
| Bleeding problems           | Yes No  | Yes No |  |
| Cancer                      | Yes No  | Yes No |  |
| Circulatory problems        | Yes No  | Yes No |  |
| Epilepsy / seizure disorder | Yes No  | Yes No |  |
| Heart problems              | Yes No  | Yes No |  |
| High Blood Pressure         | Yes No  | Yes No | Last BP: _____   |
| Kidney problems             | Yes No  | Yes No |  |
| Liver problems              | Yes No  | Yes No |  |
| Lung problems               | Yes No  | Yes No |  |
| Other medical condition     | Yes No  | Yes No |  |
| Rheumatic fever             | Yes No  | Yes No |  |
| Stomach / Bowel problems    | Yes No  | Yes No |  |

**Lifestyle Information:**

Have you ever smoked? **Yes No** If yes, Packs per day: \_\_\_\_\_ Number of years: \_\_\_\_\_

Do you use any form of tobacco? **Yes No** If yes, what form: \_\_\_\_\_ Do you drink alcohol regularly? **Yes No**

Women: Are you, to your knowledge, pregnant or possibly pregnant? **Yes No**

What is your marital status? \_\_\_\_\_ Do you have any children? **Yes No**

Are your parents living? **Yes No** If deceased, what did they die from? \_\_\_\_\_

What is/was your occupation? \_\_\_\_\_ Employment status: \_\_\_\_\_

I consent to having x-rays taken when medically necessary at any given time  yes  no

I certify that my answers are true and complete to the best of my knowledge.

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_

For office use only: BP: \_\_\_\_\_ P: \_\_\_\_\_

Initials: \_\_\_\_\_